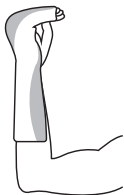


SPLINTING GUIDE

TYPES OF SPLINTS



Ulnar Gutter (Boxer)

4th or 5th
Metacarpal fracture



Volar

Wrist sprains,
sprains, carpal
tunnel, lacerations,
night splints



Thumb Spica

Thumb dislocations
& jams, scaphoid,
Bennett's fractures



Reverse Sugar Tong

Colles fracture



Ankle Stirrup

Ankle fractures,
sprains or strains



Posterior Ankle

Tibia/fibula, ankle &
metatarsal fractures

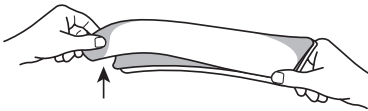


Knee Immobilizer

Ligament injuries of the knee,
dislocation of the knee joint, tib/fib
injury, post-op knee surgery

APPLICATION TECHNIQUES

1



Stretch padding over fiberglass ends

2



Apply water from faucet, bottle or bucket

3



Squeeze out excess
with towel

4



Smooth and apply to patient
with appropriate wrap

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