



### Indications: Elbow injuries

- Measure and size accordingly
- Stretch the ends
- Apply cool water and towel out
- Pull relax and roll bandage with 50-50 coverage
- Hold and mold with palms only
- Position as prescribed by physician
- Place hourglass folded side away from patient
- Tuck and wrap excess padding using nurses' corners
- Maintain 90 degrees with tape then apply sling
- Remove tape prior to discharge