



Indications: Knee sprain/dislocation, Knee immobilization, Post-op knee surgery

- Measure and size accordingly
- Stretch the ends
- Apply cool water and towel out
- Pull relax and roll bandage with 50-50 coverage
- Hold and mold with palms only
- Position as prescribed by physician
- Measure 8" above and below the patella, then double measurement
- Pad if needed
- Apply hinged padding top side below knee
- Place at 10 degrees of flexion