



Indications: Colles' fracture, Forearm fracture

- Measure and size accordingly
- Stretch the ends
- Apply cool water and towel out
- Pull relax and roll bandage with 50-50 coverage
- Hold and mold with palms only
- Position as prescribed by physician
- Measure up to the PIP or, on large patients, up to the tips
- Pull splints away from the ulnar nerve while wrapping around the elbow
- Check for capillary refill